

Quarterly Newsletter

To inform you about the Health Department that serves you!

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Vision:

Keeping Hardin County healthy by improving the lives of those we serve and strengthen our communities through collaborative partnerships.

Mission Statement:

We, the Kenton-Hardin Health Department believe that it is our mission to develop and maintain an efficient system which will provide for the highest quality of public health service practible, and to promote and protect, in varying degrees, the community’s physical, mental, social, and environmental well-being.

The Board of health administration will work to promote an organization within which all are encouraged to work cooperatively to fulfill this mission.

By working towards fulfillment of its mission, the heath department is striving to enable every citizen the opportunity to realize health and longevity.

Values:

The Kenton-Hardin Health Department is a citizen-driven organization that serves the community based upon its core values: Integrity, quality and excellence in service provisions through collaboration, preparedness, communication and accountability.

“To Be The Best, Preform The Best”



Public Health
Prevent. Promote. Protect.





Nursing Department

Family Planning

Here at the Health Department we are committed to the health of our county. Many residents do not know that we offer family planning and what that entails. We can provide a yearly PAP smear, pregnancy and STD testing, birth control, and counseling on many of these topics. Our family planning office hours are by appointment Monday, Tuesday, and Thursday. Please call 419-674-4450 to schedule an appointment.

Confidential HIV Testing

We are fortunate to be able to provide confidential HIV and Hepatitis C testing once a month to Hardin County residents. Check our upcoming events on page 4 of this issue to see the next date that this service is offered.

Community Baby Shower Event

The Kenton Hardin Health Department is pleased to inform the area of our Community Baby Shower. This is the first event of its kind in our county. We

are pleased to be able to offer information about our many programs here at the Health Department, along with other community organizations. The new or expectant moms will be able to come and learn of the many programs offered in the county by such organizations as: Hardin Memorial Hospital, Heartbeat, and WIC. For each station that the mother visits they will receive an entry to the raffle at the end of the event for the free gifts. We will also include some free gifts for the new mothers. We are looking forward to bringing this new event to the area!

Newborn Home Visiting

Being a mother is hard, and here at the Kenton Hardin Health Department we want to make it a good experience. A new program to the Health Department offers a visit from one of our skilled nurses in the first 8 weeks of your babies life. We take measurements, we check how the mother is adjusting, and we bring free gifts! If you or someone you know is pregnant or has a newborn 8 weeks or younger please call to schedule your home visit.

Sanitation Corner

In August the Board of Health approved a resolution to establish a deadline for installation of sewage systems in Hardin County. Due to this resolution registered sewage installers are allowed to install from March 1st to December

1st of each calendar year. For more information please contact the Kenton Hardin Health Department at 419-673-6230.

Handwashing is the single most effective way of preventing the spread of bacteria and viruses which can cause infections and foodborne illness. Individuals working with ready to eat foods can be a significant source of harm-

ful microorganisms. Proper handwashing is most effective to take control of direct and indirect contamination of food, utensils, and equipment. Reduce the amount of bare hand contact with ready to eat foods as much as possible. If you are handling ready to eat food, use of gloves or a barrier between your hand and the food will help protect everyone.





Emergency Preparedness

Helping you stay prepared when disaster strikes

Winter weather is just around the corner and the Kenton Hardin Health Department wants to make sure you are safe this winter. Before a storm you should prepare your home and car.

Although many of us try not to travel in bad weather, it is still a good idea to be prepared. Some things to include in your car are: flashlight, water, snack foods, ice scraper, jumper cables, blankets, first aid kit, shovel, and your cell phone. Try to keep your gas tank full to prevent ice in the gas and lines. Replace your windshield wiper fluid with a winter mixture, and check antifreeze levels. To prepare at home always listen to the

weather forecast either on TV or the radio. Generators should not be closer than 20 feet from windows, or vents. Do not ever use a generator inside a garage or near the air intake of your house. Using your stove is not a safe way to heat the home, have extra blankets. Don't forget to bring your pets inside, or give them adequate shelter and access to unfrozen water. For more information please visit our website at kentonhardin-health.com



Employee Spotlight Cindy Keller-Director of Nursing



Cindy began her role here at the Health Department as the Director of Nursing in 2010. She received her Associates Degree at Lima Technical College, her Bachelors in Nursing from Ohio Northern University, and her Masters Degree at the University of

Toledo. Her 28+ years of nursing experience gives her the knowledge to help the Health Commissioner with health related issues in the county and focus on prevention and education. She is the grant manager organizes events and also manages all the programs that the Health Department offers.

Accreditation Update

Kenton-Hardin Health Department (KHHD) is moving toward becoming an Accredited Public Health Department. What this means to the community is that the Health Department will provide services and care based on a set standard. The state of Ohio mandate is to be Accredited by

2020. In 2015, KHHD released the first Comprehensive Community Health Assessment. In the 2016 year, Kenton Hardin Health Department revamped its Mission of the Health Department and created a Vision and Value Statements. In 2017 the Community Health Improvement Plan and the Agency Strategic Plan have been completed. To meet standards this process will be repeated every

three to five years, and will be a collaborative effort with strategic stakeholders working together to address community needs. The Plans are found on the Kenton Hardin Health Department webpage under Accreditation or the Network of Care for Hardin County <http://hardin.oh.networkofcare.org/ph/>. If you would like more information on this process please visit <http://www.phaboard.org>.





November Events

November 2nd: Immunizations at the Kenton Hardin Health Department

November 8th: Immunizations at Forest Fire Department 9am-12pm
Immunizations at Dunkirk EMS building 1:30-4:00pm

November 9th: Immunizations at the Kenton Hardin Health Department

November 10: Community Baby Shower Event at Mary Lou Johnson Library
2:30-4:30pm

November 13th: Confidential HIV testing 2:00-4:00pm

November 16th: Immunizations at the Kenton Hardin Health Department

November 21st: Immunizations at Ada Presbyterian Church 9:00am-4:00pm

November 30th: Immunizations at the Kenton Hardin Health Department

December Events

December 4th: Confidential HIV testing 2:00-4:00pm

December 7th: Immunizations at the Kenton Hardin Health Department

December 13th: Immunizations at Forest Fire Department 9am-12pm
Immunizations at Dunkirk EMS building 1:30-4:00pm

December 14th: Immunizations at the Kenton Hardin Health Department

December 19th: Immunizations at Ada Presbyterian Church 9:00am-4:00pm

December 21st: Immunizations at the Kenton Hardin Health Department

December 28th: Immunizations at the Kenton Hardin Health Department

January Events

January 4th: Immunizations at the Kenton Hardin Health Department

January 10th: Immunizations at Forest Fire Department 9am-12pm
Immunizations at Dunkirk EMS building 1:30-4:00pm

January 11th: Immunizations at the Kenton Hardin Health Department

January 16th: Immunizations at Ada Presbyterian Church 9:00am-4:00pm

January 18th: Immunizations at the Kenton Hardin Health Department

January 25th: Immunizations at the Kenton Hardin Health Department





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