

# **HARDIN COUNTY 2018**

## **COMMUNICABLE DISEASE REPORT**

The communicable disease summary of reportable infectious diseases for January 2018 - December 2018.

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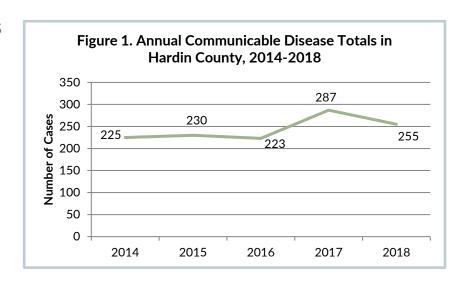
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## ANNUAL COMMUNICABLE DISEASES

#### **Annual Communicable Diseases**

# COMMUNICABLE DISEASES CHANGE

Hardin County saw a 11.2% decrease in communicable disease cases from 2017 to 2018 (287 cases and 255 cases, respectively). **Figure 1**. to the right shows the number of communicable disease cases occuring annually for the last five years.



#### COMMUNICABLE DISEASE HIGHLIGHTS

Numerous infectious diseases were reported during 2018; however, the most frequently reported illnesses were chlamydia (89 cases), Hepatitis C (51 cases), influenza-associated hospitalizations (31 cases), gonorrhea (19 cases), and campylobacteriosis (14 cases). Chlamydia, Hepatitis C, influenza-associated hospitalizations and gonorrhea have continued to be in the top five most reported diseases since 2015. However, in 2018, campylobacteriosis was replaced by Hepatitis B as the fifth most reported disease. **Table 1.** on Page 2 illustrates all of the diseases reported in the community and the number of cases for each of these illnesses.

The remainder of this document provides epidemiological information for each of the top five illnesses as well as brief demographic information on the cases and disease trends over the past five years.

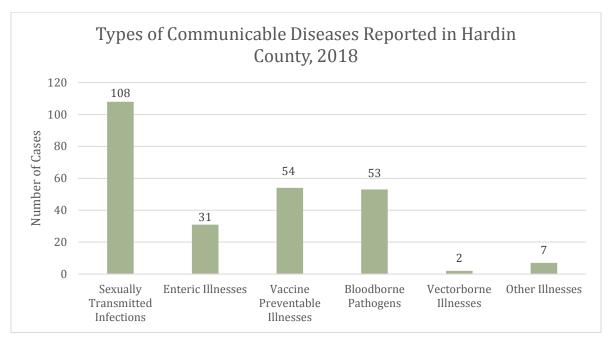
# COMMUNICABLE DISEASE TABLE

### Communicable Disease Table

Table 1. Communicable Diseases Reported in Hardin County, 2018				
Class B Reportable Diseases				
Campylobacteriosis	14			
Chlamydia infection	89			
Coccidioidomycosis	1			
Carbapenemase Producing Carbapenem-Resistant Enterobacteriaceae (CP-CRE)	1			
Creuztzfeldt-Jakob Disase	1			
Cryptosporidiosis	1			
E. coli	5			
Ehrlichiosis	1			
Giardiasis	3			
Gonorrhea	19			
Haemophilus influenzae	2			
Hepatitis A	2			
Hepatitis B	13			
Hepatitis C	51			
Hepatitis C- Perinatal Infection	2			
Influenza- associated hospitalization	31			
Legionnaires' Disease	3			
Pertussis	3			
Salmonellosis	6			
Streptococcal disease	1			
Streptococcus pneumoniae	2			
Varicella	1			
West Nile Virus Disease	1			
Yersiniosis	2			
Total:	255			

## COMMUNICABLE DISEASE GRAPH

### Communicable Disease Graph



#### Notes:

- Sexually transmitted infections include chlamydia, and gonorrhea
- Enteric illnesses include campylobacteriosis, cryptosporidiosis, *E. coli*, giardia, salmonella, and versiniosis
- Vaccine preventable illnesses include *Haemophilus influenzae*, Hepatitis A, Hepatitis B, influenza-associated hospitalizations, pertussis, *Streptococcus pneumoniae*, and varicella
- Bloodborne pathogens include Hepatitis C and Hepatitis C Perinatal Infections
- Vectorborne illnesses include Ehrlichosis and West Nile virus disease
- Other illnesses include Coccidioidomycosis, CP-CRE, Creutzfeldt-Jakob disease, Legionnaires' Disease and Streptococcal disease

### **CHLAMYDIA**

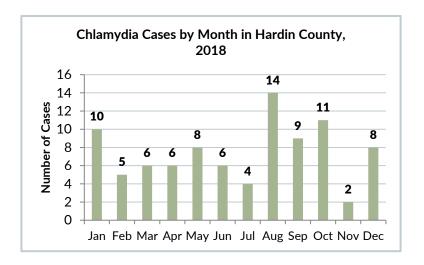
### Chlamydia

#### **DEMOGRAPHICS**

Number of Cases: 89 Average Age: 24.3 years Median Age: 22 years Age Range: 14-58 years

**Female:** 69.7% **Male:** 30.3%

Percent Change from 2017: 7.2%



#### **EPIDEMIOLOGY**

Infectious Agent: Chlamydia trachomatis bacteria

**Case Definition:** Isolation of *C. trachomatis* by culture or demonstration of *C. trachomatis* in a clinical specimen

**Symptoms:** Woman may notice abnormal vaginal discharge and/or a burning sensation when urinating while symptoms in men can include a discharge from their penis, a burning sensation while urinating, and/or pain and swelling in one or both testicles.

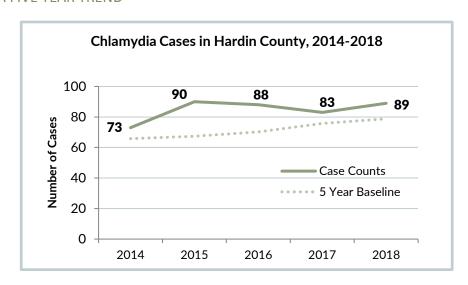
Source: Humans

Mode of Transmission: Sexually transmitted

**Incubation Period:** 7-21 days

**Prevention:** Abstinence, appropriate condom use, and identification and treatment of sexual contacts of those proven to be or suspected of being infected with *Chlamydia trachomatis*.

#### CHLAMYDIA FIVE YEAR TREND



### HEPATITIS C

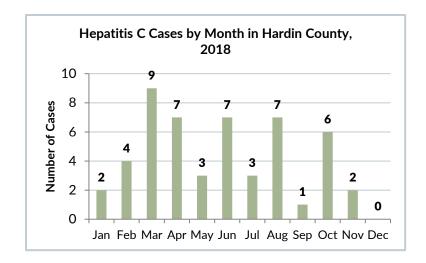
### Hepatitis C

#### **DEMOGRAPHICS**

Number of Cases: 51 Average Age: 39.4 years Median Age: 34.0 years Age Range: 23-76 years

Female: 49.0% Male: 49.0% Unknown: 2.0%

**Percent Change from 2017: -13.6%** 



#### **EPIDEMIOLOGY**

**Infectious Agent:** Hepatitis C virus

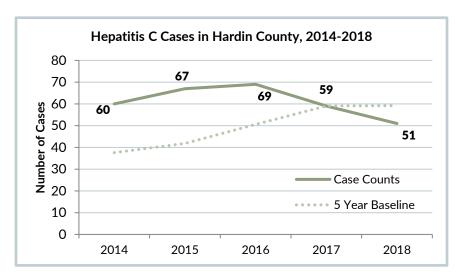
**Case Definition:** A positive test for Hepatitis C virus antibodies or detection of the Hepatitis C virus **Symptoms:** Most individuals infected with the Hepatitis C virus do not experience any symptoms; however, some may experience nausea, vomiting, abdominal pain, loss of appetite, dark urine, and/or jaundice. If a person has been infected for many years, their liver may be damaged.

**Source:** Humans

**Mode of Transmission:** Sharing needles, syringes, or other equipment to inject drugs, needlestick injuries in health care settings, being born to a mother who has Hepatitis C, sharing personal care items that have come in contact with another person's blood, and having sexual contact with another infected person.

**Incubation Period:** 2 weeks – 6 months **Prevention:** No vaccine currently available

#### HEPATITIS C FIVE YEAR TREND



### **INFLUENZA-ASSOCIATED HOSPITALIZATIONS**

# Influenza-Associated Hospitalizations

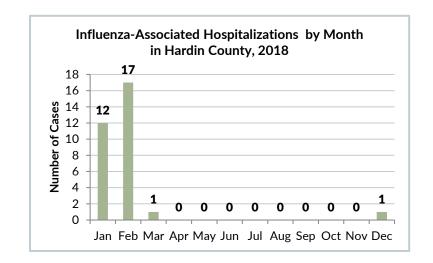
#### **DEMOGRAPHICS**

Number of Cases: 31 Average Age: 68.4 years Median Age: 73.0 years

Age Range: 4 months - 90 years

Female: 51.6% Male: 45.2% Unknown: 3.2%

Percent Change from 2016: -24.4%



#### **EPIDEMIOLOGY**

**Infectious Agent:** Two main types of Influenza virus: Influenza A and Influenza B; both types include different strains that tend to change from year to year

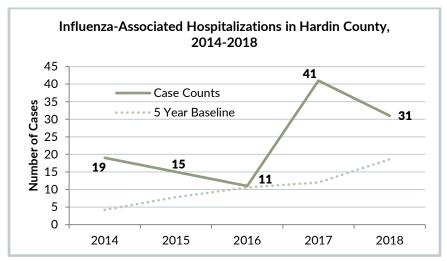
**Case Definition:** An illness compatible with influenza virus infection that results in hospitalization **Symptoms:** Fever, body aches, headache, malaise, nonproductive cough, sore throat, and runny nose **Source:** Humans

**Mode of Transmission:** Direct person-to-person contact through droplet spread or via articles recently contaminated with nasopharyngeal secretions

**Incubation Period:** 1-4 days

**Prevention:** The best prevention is annual vaccination; washing hands after sneezing, coughing, or using a tissue; cough into sleeve and not into hands

#### INFLUENZA-ASSOCIATED HOSPITALIZATION FIVE YEAR TREND



### GONORRHEA

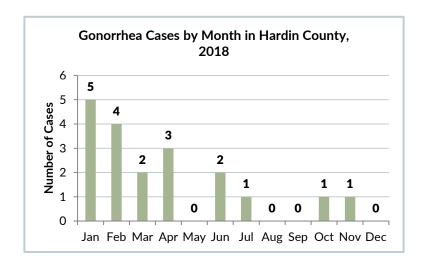
### Gonorrhea

#### **DEMOGRAPHICS**

Number of Cases: 19 Average Age: 28.3 years Median Age: 26.0 years Age Range: 15-46 years

Female: 68.4% Male: 31.6%

Percent Change from 2017: -48.7%



#### **EPIDEMIOLOGY**

Infectious Agent: Neisseria gonorrhoeae bacteria

**Case Definition:** Isolation of *Neisseria gonorrhoeae* from a clinical specimen

**Symptoms:** Many people are asymptomatic; however, symptoms for men may include discharge from the penis as well as testicular or scrotal pain while women typically experience mild symptoms that include increased vaginal discharge, or vaginal bleeding between periods.

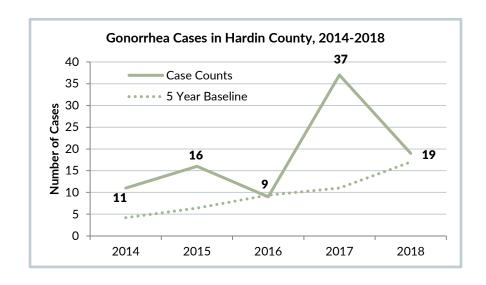
Source: Humans

Mode of Transmission: Sexually transmitted

**Incubation Period:** 3-8 days

**Prevention:** Abstinence, appropriate condom use, and identification and treatment of sexual contacts of those proven to be or suspected of being infected with *Neisseria gonorrhoeae*.

#### **GONORRHEA FIVE YEAR TREND**



## CAMPYLOBACTERIOSIS

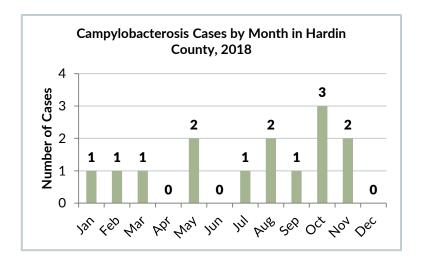
### Campylobacteriosis

#### **DEMOGRAPHICS**

Number of Cases: 14 Average Age: 42.0 years Median Age: 34.0 years Age Range: 10-75 years

**Female:** 35.7% **Male:** 64.3%

**Percent Change from 2016:** 16.7%



#### **EPIDEMIOLOGY**

Infectious Agent: Campylobacter organisms, most commonly Campylobacter jejuni

**Case Definition:** Isolation of Campylobacter spp. from a clinical specimen

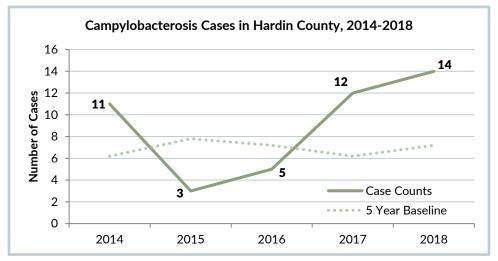
**Symptoms:** Infection is characterized by diarrhea (frequently bloody), abdominal pain, fever, and occasionally nausea and vomiting.

**Source:** Poultry, cattle, puppies, kittens, swine, sheep, rodents, birds and other wild/domestic animals **Mode of Transmission:** Fecal-oral rout of contaminated products. Most commonly from eating raw or undercooked poultry or food that was contaminated by raw or undercooked poultry. Direct contact with infected pets, livestock or infants.

**Incubation Period:** 2-4 days

**Prevention:** Hand washing, safe food preparation, safe food storage, do not drink unpasteurized milk or untreated water.

#### CAMPYLOBACTERIOSIS FIVE YEAR TREND



# TIMELINESS OF REPORTING

### Timeliness of Reporting

Timely reporting of infectious diseases is important in identifying potential outbreaks and in reducing disease burden. Public health relies on health care providers and laboratories for identification and prompt reporting of these infectious diseases. Timeliness requirements for each reportable disease is dependent on the infectious nature and severity of the disease.

Reporting lag is defined as the difference between the date the case was reported to the local health department and the date of diagnosis. For Class A diseases, median and mean lag time values should be less than 1 since these illnesses are required to be reported to the health department immediately, and for Class B and C diseases, mean and median lag time values should be less than 2 since these illnesses should be reported to the health department by the end of the next business day.

**Table 2.** illustrates the lag time for select Class B reportable diseases reported in Hardin County during 2018.

Table 2. Reporting Lag Time for Select Reportable Diseases in Hardin County, 2018					
Reportable Disease	Reporting Requirement	Cases (N)	Median (Days)	Mean (Days)	
Campylobacteriosis	End of next business day	14	1.5	2.7	
Cryptosporidiosis	End of next business day	1	6.0	6.0	
E. coli	End of next business day	5	1.0	1.0	
Giardia	End of next business day	3	2.0	3.3	
Influenza-Associated Hospitalization	End of next business day	31	3.0	4.8	
Legionnaires' Disease	End of next business day	3	1.0	1.0	
Pertussis	End of next business day	3	1.0	1.0	
Salmonella	End of next business day	6	2.0	2.2	
Shigella	End of next business day	0	N/A	N/A	

Note: Reporting lag time is the difference between the date the case was reported to the local health department and the case's date of diagnosis

Date of diagnosis defaulted to lab specimen collection date or illness onset date if blank

# EPIDEMIOLOGIST CONTACT INFORMATION

### **Epidemiologist Contact Information**

Information complied and prepared by the following Epidemiologists:

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